

SCHOOL SPORTS...

MORE THAN JUST A GAME

HARD WORK AND PERSISTENCE:

- Putting in the time to practise.
- Never giving up — you can't expect to be Michael Jordan the first time on the court.
- You have to try and try again to achieve your goals.

ATTITUDE:

- Keeping a positive attitude.
- Learning how to be a gracious winner...
- Or a positive loser.
- Thanking all those people that make playing possible — parents, coaches, managers, officials, volunteers.

TRUST:

- That your team mates will play by the rules.
- That your Coach, Manager and sideline supporters are working in the best interest of your team.

INTEGRITY:

- Having your own personal code to play by the rules.
- Accepting what referees, coaches or managers say, even if you disagree.

HAVING FUN!

ENTHUSIASM:

- Keeping on trying, even if winning the game is no longer an option.
- Encouraging others.
- Offering sideline support.

COMMITMENT AND TIME MANAGEMENT:

- Showing up on time for training and games.
- Being prepared — making sure you have all the required gear (not just up to parents to sort!)

TEAMWORK:

- Working together—using all players (not just the strongest players).
- Encouraging play from the sidelines.
- Offering to help others develop their skills.

PATIENCE:

- Learning patience takes time!
- Being prepared to wait for the right opportunity in a game to get the ball, pass the ball, score a goal.
- Understanding that sometimes it's your turn to be subbed.
- Realising that not all members of your team have the same skill levels.



Albany Primary School

SPORTS GUIDE





TOUCH RUGBY

Competition

Our teams are entered into the Local Touch module during Term 3 for Term 4 competition.

Year 1-2

Games are held on a Monday or Tuesday afternoon/evening.

Year 3-6

Games are held on a Monday or Tuesday afternoon/evening.

Training

Teams are expected to attend a minimum of one team training each week. These will be confirmed once teams are selected and coaches are appointed.

Grading

Only if necessary due to registered numbers.

Uniform

Albany Primary School sports shirt and shorts. Mouthguards must be worn. Socks and sports shoes.

NETBALL

Competition

Our teams are entered into the Kidzplay (Year 1-4) and Netball North Harbour (Year 5-6) competitions. Kidzplay are based at Pinehurst School, Albany. Netball North Harbour play at the Onewa Courts, Northcote.

Year 1, 2, 3 and Year 4

Games are held on a Saturday morning at Kidzplay Netball.

Year 5 and 6 Teams

Games are held on a Wednesday night at Netball North Harbour.

Training

Teams are expected to attend a minimum of one team training each week. These will be confirmed once teams are selected and coaches are appointed.

Grading

Grading will be undertaken at school by an independent assessor to ensure students are playing with similarly skilled players.

Uniform

Albany Primary School netball dress for girls (blue or yellow thermals are allowed to be worn under the netball dress). Albany Primary School sports shirt and shorts for boys. Socks and sports shoes.

CONTENTS

Introduction	Page 4
Information	Page 5
Registration	Page 6
Registration Process	Page 7
Sports Uniform	Page 8
In School and Interschool Sports	Page 9
Roles within a team	Pages 10-11
Parent/Coach/Manager Code of Conduct	Page 12
Student Code of Conduct	Page 13
Complaints Procedure	Page 14
Basketball	Page 15
Flippaball	Pages 16
Hockey	Pages 17
Netball	Page 18
Touch Rugby	Page 19

INTRODUCTION

Albany Primary School acknowledge the importance of children having an active, balanced lifestyle. Sport is a key area of focus for our school and we enjoy significant participation rates from students in organised after school sports.

Our aim is to encourage fairplay and sportsmanship, whilst providing the opportunity for children to develop social, communication, teamwork and a range of sport specific skills in a friendly, fun environment.

Albany Primary School offer five organised after school sports opportunities:

- Netball
- Miniball/Basketball
- Hockey
- Flippaball
- Touch Rugby

Please note— Sports such as Baseball, Cheerleading, Football (Soccer), Rugby Union, Rugby League, Softball, Tennis etc are offered through clubs at this age level.

Additionally, we offer the following in-school sports opportunities to specific year levels:

- Athletics
- Cross Country
- Football
- Rippa Rugby
- Swimming

Throughout the year we may also offer family fun sporting events: Shore to Shore fun run/walk, kids marathon, mud rush, etc

HOCKEY

Competition

Our teams are entered into the North Harbour Hockey competition.

Year 3-6 Teams

Games are held on a Monday night.

Training

Teams may be asked to attend a team training each week. These will be confirmed once teams are selected and coaches are appointed.

Grading

Only if necessary due to registered numbers.

Uniform

Albany Primary School sports shirt and shorts or girls may wear a netball dress. Long navy socks and sports shoes, mouthguard, shin pads, hockey stick are also required.

FLIPPABALL

Flippaball is a modified version of water polo. Children must be able to swim confidently and tread water unsupported for at least three minutes to participate in this sport.

Competition

Our teams are entered into the North Harbour Water Polo Primary Competition at the Millennium Centre, Mairangi Bay. Teams play on a Sunday afternoon / early evening. Teams are registered by semester (two terms), players registering for Semester 2 will play over terms 3 and 4.

Training

Teams may be asked to attend some team training sessions. These will be confirmed once teams are selected and coaches are appointed.

Grading

Only if necessary due to registered numbers.

Uniform

Girls— one piece swimsuit.

Boys—speedos (no board shorts).

Swimming caps are provided for use on day.

INFORMATION

If you require further information or assistance regarding after school sports programmes, please do not hesitate to contact Michelle Molesworth, After School Sports Co-Ordinator, email: mmolesworth@albany.school.nz

Please note that as Michelle is an ESOL Teacher and she can only respond to emails when she is not teaching students. As per our school procedures please allow two school days for a response. When emailing Michelle, please ensure that you include your child's sporting code and team if applicable, in the subject line.

Albany Primary School website

Please make sure you check the Albany Primary School Website regularly for updates and information on school sport.

<http://www.albany.school.nz/7/pages/4-sports-information>

We also advertise local sporting events and clubs on our Community Noticeboard page.

Sports Grading Process

For after school sports teams- As the competitions the school enters are graded, we may hold grading if necessary due to registered numbers.

- Year 0-2 students do not take part in the grading process.
- Grading for Year 3-6 students are held at school.
- Independent assessors complete team selection.
- After grading, all registered students will be placed in a team.

The school works very hard to make grading a positive non-threatening process, but it can still make some students anxious and for this reason we do not invite parents to attend. Prior to grading it would be beneficial to discuss with your child that whilst they may have played with friends previously, they could find themselves in a different team, giving them the opportunity to make new friends for the season.

Sports Team Photos

Sports photos are taken in Term 3. You will be advised via our school newsletter when these are taking place. Coaches and managers are welcome to join in their team photo.

REGISTRATION

This Sports Guide is provided to help you choose what sports your child/ren would like to play during the year. While every effort has been made to ensure details are correct, some information is subject to change. **Please** ensure you check details as listed on Enrolmy before registering.

Please remember the following when choosing a sport/s:

- All after school sports are held off site at various sporting venues, ie not at Albany Primary School.
- Some sports require a grading session held on site.
- Your child/ren must be able to attend at least one training per week if required, and every game for each sport that you sign them up to. Trainings may be outside school hours, or on weekends. This is dependent on team placement and the coach of the team.
- For all after school sport registrations, it is the parent/caregivers responsibility to ensure that your child/ren attend practices and that they are transported to and from games.
- Please note that for some codes we can only enter a limited number of teams. Registrations may close before cut off dates stated if teams are full.
- Please understand that there is no guarantee that your child will be placed in the same team as previous years due to team numbers, grading and coaches availability etc.
- By registering your child in a sport you agree to support the school's Parents Code of Conduct (page 12) and for your child to adhere to the Student Code of Conduct (page 13).

Sports Fees

All fees are to be paid in full at the time of online registration as detailed for each sport. By registering your child in an after school sport you are committing for the full season. Should you wish to withdraw your child, we cannot guarantee a refund of fees.

Sports Administration Fee

A small sports administration charge is added to all organised after school sports fee calculations. This helps cover costs for photocopying, equipment, repairs and maintenance, sports prize giving/celebrations, independent selectors for teams, etc.

Online Registration

All after school sports are now registered through EnrolMy:
<https://enrolmy.com/albany-primary-school>

BASKETBALL / MINIBALL

Competition

Our teams are entered into the Junior Breakers competition. Games are played at the NZ Breakers venue, Mairangi Bay.

Junior Teams (Year 1 and 2) - Miniball

Junior teams play on a Wednesday night. Junior teams are registered by Semester (two terms).

Middle (Year 3 and 4) and Senior (Year 5 and 6) Teams - Basketball

Middle teams (year 3/4) play on a Monday night and Senior teams (year 5/6) on a Tuesday night. Middle and Senior teams are registered by Semester (two terms).

Please note in special cases we have registered teams through North Harbour Basketball dependent upon registration numbers. Parents / Caregivers would be contacted on this occasions.

Training

Junior (year 1 and 2) teams are not expected to have a weekly team training. Middle and Senior (year 3-6) teams may be asked to attend a team training each week. These will be confirmed once teams are selected and coaches are appointed. Junior Breakers provide a 10 minute coaching session before games.

Grading

Grading will be undertaken at school by an independent assessor/coach to ensure students are playing with similarly skilled players.

Uniform

Albany Primary School sports shirt and shorts. Socks and sports shoes. Mouthguards must be worn.

COMPLAINTS PROCEDURE

If you require further information or assistance regarding after school sports programmes, please do not hesitate to contact Michelle Molesworth After School Sports Co-Ordinator, email: mmolesworth@albany.school.nz

Please note that as Michelle is an ESOL Teacher. As per our school procedures please allow two school days for a response. When emailing Michelle, please ensure that you include your child's sporting code and team if applicable, in the subject line.

All complaints need to be made through the After School Sports Co-ordinator. Do not approach the Sporting Code direct, ie Netball North Harbour, etc. All complaints should be in writing via email.

In order to fully investigate the issue raised, the After School Sports Co-ordinator may need to meet with team members, parents, coaches, managers, sporting providers, etc. Please allow at least 10 working days for this process to take place.

A one on one meeting may be preferred to discuss issues raised.

All discussions are to work toward our aim to encourage fairplay and sportsmanship, whilst providing the opportunity for children to develop social, communication, teamwork and a range of sport specific skills in a friendly, fun environment.

If a positive outcome cannot be achieved at this stage, then the Principal may become involved to work toward a successful resolution.

REGISTRATION PROCESS

1. The school community is notified (this is done via email and our school app) that an after school sport code is open for registration via the Enrolmy system: enrolmy.com/albany-primary-school.
2. Parents register through the Enrolmy system (if you have previously registered your child in a sports team simply use your password to continue bookings for the new season). Please note payment at time of registration is required to secure booking.
3. If teams are full, there may be an opportunity via Enrolmy to register for a waitlist option only. You will be made aware whether your child has been appointed to a team via email through Enrolmy (this is dependent upon numbers as to whether a further team can be created).
4. Some sports codes go through a grading process (generally netball and basketball). Grading days are advertised in our "Update for the week ahead" email and school app notifications. Please note gradings are completed by an independent assessor.
5. The After School Sports Co-ordinator places players into teams based upon grading recommendations and other information available. Coaches and Managers are requested at this time (or confirmed if you have previously selected "able to volunteer" for these roles). If no Coach or Manager is allocated the team may not be able to proceed.
6. When Coaches and Managers for all teams within the code are confirmed then parents are notified of which team their child has been placed in by email either through the Enrolmy system or by the After School Sports Co-ordinator. Coaches/Managers are provided with a full team list including contact details in order for them to make contact with team parents regarding training dates, and team information, etc, and a guide sheet with some helpful information and tips.

SPORTS UNIFORM

For those students representing Albany Primary School in organised after school sports teams, the following items are available through the school office (please see individual sport for details of required uniform).

Sports shirt	(\$30)
Sports shorts	(\$20) may be worn as part of regular school uniform
Netball dress	(\$60)

These are available from the school office at any time that the school office is open, generally 8.30am-3.30pm Monday to Friday during term time.

Secondhand Uniforms

We do not buy back sports uniforms. If parents would like to on-sell their own second hand sports uniforms, you may like to put a notice up on the community noticeboard (we also welcome any donations). Please see Jan Munroe in the office for more information.

Sponsored Uniforms—requires BOT approval

Purpose: To ensure all sponsorship has been approved by the BOT and is deemed appropriate, consistent and mutually beneficial for both the school and sponsor, the BOT retains the right to approve/decline any sponsorship deemed unsuitable for school representation.

Guidelines: Application for sponsorship must be submitted to the Principal with a sample item, photo or diagram of the proposed item to be included. At the Principal's discretion as to whether this in turn is presented to the BOT for approval (please note that this is not an overnight process—allow time for the decision process). The school crest is not to be used on any corporate sponsored item. Sponsored jackets are not to be worn as part of the regular school uniform as they are not identified in the School Uniform Policy.

STUDENT CODE OF CONDUCT

This will be read to students by their Coach/Manager at the first team training.

Team Coaches/Managers

Please read through - discuss this with your teams and check that they understand the expectations outlined. Get students to sign in agreement. This code of conduct can be referred to throughout the season.

1. Remembering the purpose of after school sport at Albany Primary School is to develop teamwork and skills through participation, and to have fun.
2. Understanding that the team coach/es and manager have volunteered their time and will be treated with respect, this includes listening to and following their directions, participating fully at all training sessions and games, acting sensibly and responsibly whilst at game venues, being thankful and showing appreciation for their time. This also includes not playing with sports balls or talking while the coach/manager requires your full attention.
3. Being a positive role model for your team and encouraging sportsmanship and fair play, by showing the school's REACH values especially respect and courtesy, demonstrating positive support for all players, parents and officials.
4. Playing by the rules and accepting the decisions of game officials (referees/umpires, etc).
5. Being a good sports person and positively acknowledging the opposing team.
6. Assisting my parent/caregiver to ensure that I attend all training sessions and games well prepared with correct uniform, water bottle and warm clothes, understanding that I have committed to completing the sports season, being thankful and showing appreciation for their time.

Signed by our team:

Coaches/Managers are required to read and understand this form to verify their acceptance of the Code of Conduct prior to commencement of the school sport competition they have offered assistance for

- Support the purpose of after school sport at Albany Primary School, ie all children to develop teamwork and skills through participation, and to have fun.
- Send out a letter at the beginning of the season, a brief introduction explaining your coaching style, and expectations of the children (in the team) and their parents, as well as consult with the team for an agreeable practice/training session.
- Ensure that every child is given equal game time (except for disciplinary, prolonged absence or ailment reasons).
- Refrain from talking to the Umpire/Official or parent on the sideline during the game in front of the children.
- Respect the policies and decisions made by the school and take time to speak with the school at a mutually agreed upon time to discuss any issues that arise.
- Ensure that no player is left at the courts/pool/turf or field by themselves after the game.
- Support Officials working with your team to provide a positive and enjoyable experience for all.
- Be a positive role model for your team and encourage sportsmanship and fair play, by showing respect and courtesy, demonstrating positive support for all players, parents and officials and accept the decisions of game officials.
- Be willing to be police vetted upon acceptance as Coach/Manager of a team.
- Coaches are required to be an exemplary role model and teach players the fairplay and sportsmanship ideals, and uphold the school's REACH values.

Parents are required to read and understand this form to verify their acceptance of the Code of Conduct prior to their child participating in any after school sporting competition

- We understand it is our responsibility to make sure our child arrives and is picked up on time for games and trainings/practices. If my child unable to attend, we will inform the manager in a timely manner.
- We will remember that children participate to have fun and that the game is for them, not adults – be an exemplary role model for your child.
- We will support and respect coaches, managers and officials working with our child to provide a positive and enjoyable experience for all. We will understand that our team coach and manager are volunteering their time and flexibility may be needed with training times over the season.
- We will inform the coach of any physical injury or medical condition, eg asthma, which may affect the safety of our child or the safety of others.
- We will ensure that once our child is selected for a team he/she will complete the season.
- We will follow the school's procedure of communicating with the School Sports Coordinator as the first contact point, should any issue arise with an official, a parent, and/or the opposing team. **It is the school Sport Coordinator's responsibility to contact the competition event organiser.**
- We will respect the policies and decisions made by the coach or school and will take time to speak with the coach or school at a mutually agreed upon time to discuss any issues.
- We will refrain from coaching our child or other players during games and practices.
- We will be positive role models for our child and encourage sportsmanship and fair play, by showing respect and courtesy, demonstrating positive support for all players, coaches, officials, parents, families and opposition and accept the decisions of game officials and the school's REACH values.
- We understand that by registering my child, contact details (including mobile number and email address) will be passed on to my child's sports team Coach and Manager, as well as relevant outside sports agencies, ie Netball North Harbour, as appropriate.

IN SCHOOL AND INTERSCHOOL SPORTS

Individual Sports

- Swimming Sports (Term 1) - interested students who have attended at least one APS Swimming Grading Day (8 years and up)
- Interschool Swimming Sports (Term 1) - selected students results based (8 years and up)
- Super Cluster Swimming Sports (Term 1) - selected students results based (9 years and up)
- Cross Country (Term 2)
- Interschool Cross Country (Term 2) - selected students results based (8 years and up)
- Northern Bays Cluster Cross Country (Term 2) - selected students results based (9 years and up)
- Athletics (Term 4)
- Northern Bays Cluster Athletics (Term 4) - selected students results based (9 years and up)
- Runners Club - interested students (middle/senior) - limited numbers. Commences Term 2.
- Shore to Shore fun run/walk (families) - usually second to last Sunday in Term 1.

Team Sports—one day events

- Kristin Winter Sports Field Day - selected teams (years 5-6)
- Football Field Day (years 3-6)
- Netball Field Day (year 6)
- Rippa Rugby - selected students (years 3-6)

ROLES WITHIN A TEAM

How you can help

We are grateful for the assistance of parents and family in the form of coaching, managing and umpiring/refereeing. To ensure we can offer as many sports opportunities as possible, we need your support. Please complete the *Can you volunteer?* section when registering to indicate how you can help. Refer page 11 for further information.

After School Sports Co-Ordinator

- Acts as liaison between Albany Primary School, event co-ordinator and individual teams.

Parents/Caregivers

- Ensures their child has the correct uniform and any other necessary equipment, ie mouthguard.
- Ensures their child attends training sessions on time with correct equipment, and collected promptly afterwards.
- Ensures their child attends games and is committed for the entire season.
- Liaises with Team Manager if their child cannot attend training sessions or games.
- Supports the Team Manager and Coach, as well as team officials.
- Abides by the Parent Code of Conduct (Page 12).

ROLES WITHIN A TEAM

Coach

Please be aware that if you are the coach of a team then you will need to be Police Vetted by the School (with a three year expiry).

- Responsible for training sessions (if applicable) including booking school court/hall, and obtaining a gear bag.
- Liaises with Manager so information is passed through to team in a timely manner.
- Pre-game talk, and directing the team during play.
- Subbing/changing players during the game to give fair time to each player, where appropriate.
- Half time talk to review the game and reminder players what to work on.
- End of game talk to provide an overview of the game and give positive reinforcement of good play.
- Directs any concerns to the After School Sports Co-Ordinator (Michelle Molesworth, mmolesworth@albany.school.nz).
- Abides by the Coaches/Managers Code of Conduct (Page 12).

Manager

- Advises teams of game dates and times.
- Advises teams of general information regarding venue, ie parking, etc.
- Sources umpire if required.
- Ensures the Player Code of Conduct is read at first training session.
- Netball—ensures parents/caregivers have updated their information on the Netball North Harbour database.
- Liaises with the coach to advise of any players that can't attend upcoming games/training sessions, assist with subbing, scoring, etc.
- Follows up on non-attendance to training/games.
- At game time ensures drink bottles are full of water.
- At game time attends to any injuries if required.
- Abides by the Coaches/Managers Code of Conduct (Page 12).